

Working in an Uncertain/Changing Environment – Employee Workshop

Workshop Two: Making Choices, Developing Resilience and being Change-Ready

Adapt and thrive in a changing environment



“We engage people with the adaptive work that they need to do.”

OVERVIEW

This workshop builds on the last – Foundations and Impacts of Change – deepening the insight and providing greater skills and practical approaches to dealing with new scenarios.

WORKSHOP TWO

Two half-days or one full day

TOPICS

- Staying connected, being informed and accessing information – engaging in the change process
- Common management approaches to managing change and people – being prepared for different approaches in times of ambiguity
- Developing resilience to change and optimism for the future. Understanding what you can influence and control and what you cannot. Feeling empowered through change and career transitions
- The future – developing personal and professional goals and an action plan for job/career management
- ‘Problem clinic’ – to respond to participant needs

OUTCOMES

Participants will:

- Identify what they can influence and control through change
- Feel more confident in managing themselves and working with their peers through times of change and transition
- Identify personal and professional goals – immediate and/or longer term
- Develop a draft personal/professional action plan – aligned to their goals